

Offwell C of E Primary School

Our Core Values: Honesty, Loyalty, Caring, Sharing and Forgiveness.



Dear Friends and Families of Offwell,

Happy New Year to you all!

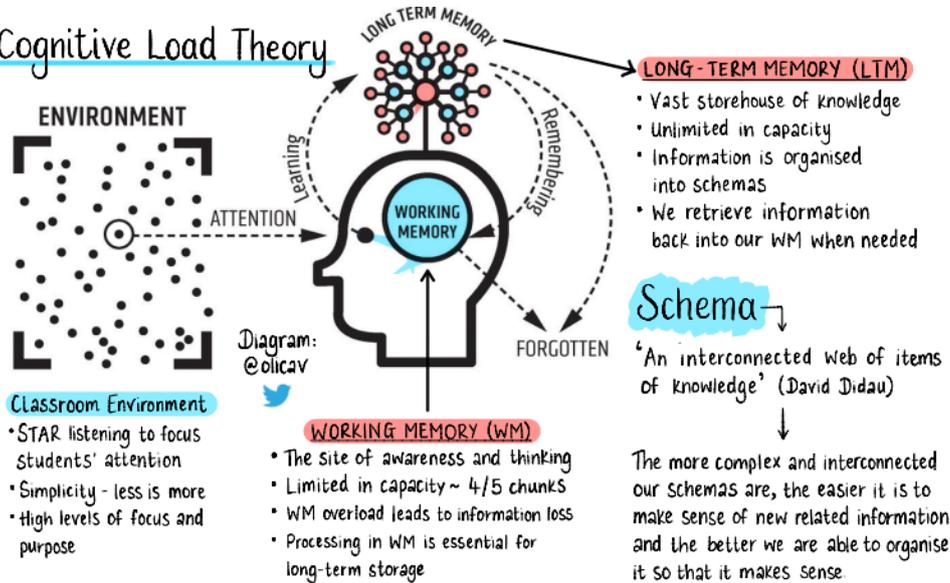
We offer a huge welcome to Theo and his family who have joined us in Willow Class and Riley and his family who has joined us in nursery. Ethan, Jaxon and Jack will also be joining nursery next week.

We have also welcomed Miss Ria Roache who is helping out in Ash Class this term.

We are really looking forward to the Spring Term. You will soon be able to look through your child's class newsletter, to share in some of the exciting learning they will be experiencing this half term. Please take a minute or two to begin a conversation with your child about their learning – although Beech parents, with Burps, Bottoms and Bile as a topic, you might want to avoid mealtimes! This ongoing conversation is a vital part of the learning process. You: family, friends and carers, provide a huge amount of background experience and information, helping children to put new knowledge into context, meaning they are more likely to understand and remember it.

On our Non-Pupil Day, we looked into the learning process in more detail. Have you ever wondered: what exactly *is* learning? This diagram helps to show this complex process as simply as possible: how information enters the working memory, and how it can become part of long-term memory (which means learning has happened!). Fun fact: The speed of messages from our body (e.g: eyes or ears) to our brain can exceed 150 miles an hour!

Cognitive Load Theory



Learning = a change in long-term memory

“if nothing has changed nothing has been learned” (Kirschner, Sweller & Clark)



Friday, 7th January 2022

Stars of the Week and House Points will resume next week.

Tapestry

Please note that we will need to close the Tapestry accounts for our Year 2 children on 21st January. If you have any photos, or other information, you want saved, please could you save them in another format before 21st January as you will no longer be able to access them from Tapestry?

WASP

The termly form is being sent home electronically with this newsletter. Please let us know if your child will be changing sessions attended. Charges are set out on the sheet and you can pay by Parentpay or another method. All attendance has been logged on Parentpay if you pay using this method.

Offwell C of E Primary School

Our Core Values: Honesty, Loyalty, Caring, Sharing and Forgiveness.



Guidance on Covid is changing regularly. From Tuesday 11th January (as announced on Wednesday 5th), the requirement to do a follow-up PCR test after a positive Lateral Flow Device (LFD) Test will be temporarily suspended, but only for those who are asymptomatic. *If you have symptoms, you will need a PCR:* <https://www.gov.uk/government/news/confirmatory-pcr-tests-to-be-temporarily-suspended-for-positive-lateral-flow-test-results>

'Lateral flow tests are taken by people who do not have COVID-19 symptoms. Anyone who develops 1 of the 3 main COVID-19 symptoms should stay at home and self-isolate and take a PCR test. They must self-isolate if they get a positive test result, even if they have had a recent negative lateral flow test – these rules have not changed.'

If you test positive on a LFD without any symptoms, e.g: as a part of your twice weekly test, or as a contact, then you must isolate for 10 days from the day of the LFD result (this is day 0). On day 6 and 7 you should test again. If you get two negative results, 24 hours apart, you can then return to school/work from the second result.

Reporting Results: Your LFD result must be notified to <https://www.gov.uk/report-covid19-result> Please note: **we will ask for a copy of your text confirmation for our records.**



[Report a COVID-19 rapid lateral flow test result - GOV.UK](#)

Use this service to report your result to the NHS after using a rapid lateral flow test kit to check if you're infectious with coronavirus (COVID-19).

If you are taking daily rapid lateral flow tests because you are a contact of someone who has COVID-19, you should report your result every day, as above. You cannot report a result after more than 24 hours and you can only report one result at a time.

You may be asked to complete an isolation note for work, which your employer can check when you share the code. This can accessed here: <https://111.nhs.uk/isolation-note/>

New Year Wellbeing: The impact of the COVID-19 outbreak has been different for everyone, as has how we have reacted, but there's no doubt it's been an unusual time for us all in different ways. That's why it's so important to be aware of our mental health and wellbeing, and know how to get support. Don't hesitate to reach out if you need help or advice, and this NHS website is a great resource for anyone: <https://www.nhs.uk/every-mind-matters/> or you can complete the [Your Mind Plan quiz](#) to see what works for you.

Lorna Legg

'Be healthy in body and strong in spirit and may all go well with you...'

Free Online Author Event

will take place on **Wednesday 12th January 2022 7 – 8 pm** on Zoom. Please register to attend here: <https://tinyurl.com/AAUKRoS1>

About the Book

The Blue Book of Nebo

Dylan was six when The End came, back in 2018; when the electricity went off for good, and the 'normal' 21st-century world he knew disappeared. Now he's 14 and he and his mam have survived in their isolated hilltop house above the village of Nebo in north-west Wales, learning new skills, and returning to old ways of living. Despite their close understanding, the relationship between mother and son changes subtly as Dylan must take on adult responsibilities. And they each have their own secrets, which emerge as, in turn, they jot down their thoughts and memories in a found notebook – The Blue Book of Nebo. First written and published in Welsh, Llyfr Glas Nebo won the Prose Medal at the 2018 Eisteddfod and the triple crown of prizes at the 2019 Wales Book of the Year Award: the Aberystwyth University Fiction Award, the People's Choice Award and the Welsh-language Overall Winner. It has since been translated into a number of languages including French, Arabic, Catalan, Spanish, Polish and English, where it has also been published in the US.

About the Author

Manon Steffan Ros was born in Snowdonia and worked as an actress and musician before becoming a full-time writer. Manon has written over 23 books for adults and children in the Welsh language and has won the Wales Book of the Year for her adult fiction as well as being four-times winner of the Tir na n'Og Wales Children's Book Awards.

Linda Isaacson, Library Supervisor