

Offwell C of E Primary School

Our Core Values: Honesty, Loyalty, Caring, Sharing and Forgiveness.



Dear Friends and Families of Offwell,

Highlight of the Week:

Ash: Carefully learning how to wash the baby doll and looking at photos of us and some of our parents, as babies.

Willow: The music we did in Charanga with plenty of movement and dancing!

Beech: Making Roman shields!

Oak: Making bunting for a VE Day street party.

How are you? If you're anything like me, we often say we're fine when we're not. While we don't like to moan, perhaps we could all be a little more open and honest about our feelings, especially when helping children to share their feelings. That means sharing when we feel good, too!

We can all experience 'small' and 'big' events, which result in 'small' and 'big' emotions. Small feelings can be a useful term to use when we want to talk about those feelings we all have every day, in response to usual things that happen in our day. They come and go. Big feelings, as you will have guessed, can result from some of the bigger events we face at times, and they may take longer to go away. After all we have been through together recently, we are bound to have a few of those!

World Mental Health Day, which falls tomorrow, on 10th October, is an opportunity to raise awareness of mental health issues, and talk about them. This can help to get rid of some of the stigma attached to mental health, which we all have, whether good, or bad. <https://wfmh.global/world-mental-health-day-2020/>

Over Lockdown, you will have seen several links to Mental Health support for families. Frontline is a phone line for Key Workers which offers round-the-clock one-to-one support, along with a collection of resources, tips and ideas chosen to support your mental health as you do your work to protect us all and keep the country going. **Text KEYWORKER to 85258 for a text conversation or call 116 123 for a phone conversation** – all in confidence, with a trained volunteer, at any time. <https://www.mentalhealthatwork.org.uk/toolkit/ourfrontline-keywork/>



The Devon Virtual Games, which went on over Lockdown, was a great success, with several of our pupils taking part. Two of them were presented with medals today! Congratulations to Oliver King (Gold) and to Abigail Mortimer (two Bronzes).

As part of **Black History Month**, we recognise the contributions of people of African, Caribbean and other diverse heritages to the United Kingdom over many generations. My mother, for example, who worked tirelessly for the National Health Service as a nurse, first came here from Jamaica in the 1960s, where she met my father, and stayed (for which I am very grateful!). Here, British children from a range of backgrounds share what life is like for them in today's Britain <https://www.bbc.co.uk/newsround/49883230>



Friday, 9th October 2020

Stars of the Week:

R – Lewis Yr 1 – Rhys
Yr 2 – Ayla Yr 3 – Fiona
Yr 4 – Rory Yr 5 – Abigail M
Yr 6 – Lily-Ann

Next Week:

Monday: WASP, Music lessons

Tuesday: WASP

Wednesday: WASP

Thursday: WASP

Friday: Celebration Collective
Worship – 9.10 Google Meet -
Login to Google with your child's
login details and then select
'Meet' (not 'Classroom'). The
code is a 6 figure date eg today's
was 091020. The Powerpoint for
the assembly is always put on the
main Google Classroom with links
to videos, etc

Weekly House Points:

Drake: 61 Raleigh: 47

Well done Drake

Collective Worship:

Theme for next week:

Giving as God gives

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PTFA AGM – Monday, 19th October – 7.30pm via Zoom

Please see below for a Zoom invitation for this year's PTFA Annual General Meeting. Everyone is welcome to join us. This only allows for a meeting of 40 minutes so a second invitation has also been created:

Topic: Offwell PTFA AGM

Time: Oct 19, 2020 07:30 PM London

Join Zoom Meeting

<https://us04web.zoom.us/j/76592289152?pwd=c09vVTN3T3FvNmJRZEx5T2ZFNEUwUT09>

Meeting ID: 765 9228 9152

Passcode: 8NHnb3

Join Zoom Meeting

<https://us04web.zoom.us/j/75440598219?pwd=Mm00K01Xb2NVcWJlaUJxdlNFT2htUT09>

Meeting ID: 754 4059 8219

Passcode: 61rk2B

You may all remember just before lockdown we had planned a bake off competition, afternoon tea and raffle. Sadly, this had to be cancelled but we still have all of the raffle prizes to make use of!

Here is a list of prizes.....

- 30 minute back, neck and shoulder massage
- a round of golf for 2 at Honiton Golf Club (expires 31/12/20.
- 1 adult, 1 child - Escot tickets.
- round of golf for 4 at Woodbury park
- spa day / use of leisure facilities at Woodbury park for 4
- trip for 2 at Seaton tramway (expires 31/12/20)
- a signed Exeter Chiefs shirt
- £20 Tesco gift card.
- Tropiquaria tickets

We have decided to hold a silent auction in the coming weeks to raise some much needed funds for the PTFA. Fundraising will look slightly different for the foreseeable future, we are still planning on organising some fun activities for the children as well as raising some pennies for our school but we will have to adapt and change from our usual events.

We look forward to you joining us at our PTFA AGM Zoom meeting on 19th October.

Lorna Legg

'Be healthy in body and strong in spirit and may all go well with you...'

Bikeability

There has been a lot of physical activity this week, especially for Year 6, who have been learning to ride their bikes safely on the road. The Year 6 children worked for their Level 1 and Level 2 certificates. Some Year 5 children were also given the opportunity to actually learn to ride a bike! The children worked very hard and sensibly in cold and damp conditions at times. The children all achieved their certificates and the 3 learners all managed to learn to ride! Well done to you all! Thanks to Carol, who has taught countless children to ride freely and safely over the years, helping their health and the environment, and to Mrs Holohan for her capable support.

