

The Link October for November 2016

The focus this month is going to be on Physical Education and Sport. All maintained schools are required to follow government guidelines and the PE curriculum is designed to inspire children *'to succeed and excel at competitive sport and other physically demanding activities'*.

PE lessons cover dance, gymnastics, invasion games, individual and team sports. The provision of an outstanding PE curriculum is important to our school so we are delighted we are able to bring in a high quality PE coach once a week. Mr Will Bardot takes each class and, with the support of the teaching staff, ensures all the children are able to experience a rounded and wide exposure to a variety of games and exercise.

We also make sure we have a number of extra-curricular activities for our children to follow to allow them to use their learned skills in a wider, competitive, arena.

Children regularly take part in cross country runs (around fields near Stockland Primary School) and they come back muddy but increasingly keen – training for this is done with our School Administrator who is a qualified running coach. Our Year 3 and 4 children recently took part in a cross country session on AllHallows Playing fields in Honiton and the boys have qualified for the East Devon Finals.

Although we don't often play Handball we were delighted when a team from our Year 5 and 6 children recently won a highly competitive competition between 6 local primary schools. They showed great fitness, a fine competitive edge and an outstanding team spirit.

It doesn't end there though! There is a football coaching opportunity on Monday evenings, High 5s netball in Honiton, Sports Club on Wednesday evening and our hugely enjoyable Welly Walks (downhill on the way there and steeply uphill on return!). Older children run Huff and Puff sessions for our younger classes at lunchtime where they encourage all the children to join in with games and make sure they run around a lot!

DON'T FORGET: The school is having an Open Afternoon on Thursday 10 November from 1pm – please do come and meet us and see what goes on at Offwell School.